



To register for trainings contact:

Shelli Blair
srblair@eiu.edu
217 581-5790



October

DESSERTS WITH DIRECTORS

October 7, 2026
No RSVP needed

1:30-3pm
Honey Bee
319 N Logan St
Mattoon

Treat yourself! These gatherings offer a fantastic opportunity to connect with other providers, dive into meaningful discussions, and ask questions to fellow professionals and resource specialists who can shed light on the challenges you face in early childhood. Our team at EIU Child Care Resource and Referral is here to share resources, updates, important dates, chances for professional growth, funding, grant info, and so much more. We invite everyone to come ready with ideas and resources to make our networking experience even better. Remember, these meetings happen every month!

Trainer: Shelli Blair, Provider Services

1.5 hours/CDA:6

NAP CHAT

October 13, 2026
RSVP by October 6

Zoom
1-2pm

Nap Chat is a special gathering just for our family child care providers! While the kiddos are winding down in the afternoon, come hang out with Bea Sawyer, our mental health consultant, for some networking with your fellow home providers. We'll dive into new topics every month. These chats will be happening on the second Tuesday of each month at 1pm via Zoom. See the attached flyer for more information!

Trainer: Bea Sawyer. Mental Health Consultant

1 hour/ CDA 6

Successful Parent Teacher Conferences

October 13, 2026
RSVP by October 6

6:00-8:00 pm
Ninth Street Hall
2201 9th St. Charleston

Parent/Teacher conferences provide an important opportunity to build strong partnerships between families and child care educators. These conversations help children grow at home and at child care. Join us to learn more about building relationships with families, and the what, why, who, when, where, and how to make your P/T Conferences meaningful and successful.

Trainers: Lori Rothrock, Quality Specialist
Bea Sawyer, Mental Health Consultant

2 hours/CDA: 4

PYRAMID MODEL PRESCHOOL MODULE 3**

October 10, 2026
RSVP by October 2

8am-3pm
Ninth St Hall
2201 9th St, Charleston

PS Module 3: Teaching Social-Emotional Skills

Promoting social-emotional development is core to the Pyramid Model. This module provides training on the practices for teaching friendship skills, emotional literacy, self-regulation, and problem-solving.

Trainer: Lori Rothrock, Quality Specialist

6.5 Hours/CDA: 3

PYRAMID MODEL PRESCHOOL MODULE 4**

October 20, 2026
RSVP by October 13

6:00-8:30 pm
Ninth Street Hall
2201 9th St. Charleston

PS Module 4: Individualized Teaching of Social-Emotional Skills

This module guide practitioners in how to individualize instruction on social-emotional skills for children

who need more targeted supports. Practices that are taught include: teaching systematically, peermediated intervention, planning for embedded instruction, and progress monitoring.

Trainer: Lori Rothrock, Quality Specialist

2.5 hours/CDA: 3

****Future dates for Pyramid Model Modules:**

Module 5: Nov. 21st 8am-3pm

Module 6: Dec. 8th 6-7:30pm

Register Today!

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Family Child Care Providers Join us for Nap Chats!

Every second Tuesday of the month 1:00pm-2:00pm

Next Chat will be October 13th

We will discuss the agenda, and inquire about topics that interest you for the months ahead.



The agenda will include introductions/updates, a topic of interest, those who feel comfortable sharing with one another a positive for the month. We will conclude each Zoom meeting with a resource or idea you have to share, as well a local resource, event, or networking opportunity. We want this to be a space to share, reflect, encourage, and provide some new tools for FCC providers.

One hour Gateways Training Credit will be given each month for your participation.

"A hundred years from now, it will not matter what my bank account was, the sort of house I lived in, or the kind of car I drove...but the world maybe different because I was important in the life of a child." Forest E. Witcraft

CPR AND FIRST AID COURSES

*EIU CCR&R Reimbursement Procedure (based on available funding)



- Schedule training
- Keep your payment receipt
- Attend the training
- Receive your CPR/First Aid certificate/card
- Complete our reimbursement application. The application can be found on our website at www.eiu.edu/ccrr under the provider resources tab

Sarah Bush Lincoln Health Center :

CPR: \$50

August 4; October 6; December 1, 2026

CPR/FIRST AID COMBO \$100

September 1; November 3, 2026

All classes begin at 5:30 pm at 700 W Lincoln Ave, Charleston, IL

To register call 217 258-2403 or emsgroup@sblhs.org

Online Course Option:

American Heart Association: elearning.heart.org

- Complete the Heartsaver Pediatric First Aid/CPR/AED online \$24.50
- Contact SBLHC EMS office at 217 258-2403 to request a test out
- \$100 test out fee

YMCA, Mattoon and Toledo :

FIRST AID/CPR: \$75

Toledo:

August 3; October 6, 2026

Mattoon:

September 16; November 12; December 14, 2026

Classes begin at 5:30 in Mattoon and 5:45 in Toledo

To register call 217 234-9494 or mattoonymca.org

**Please note that we are unable to reimburse for any trainings taken in the month of June*